



14 Allergen Free Menu

Autumn Winter 2026-27 Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Chicken & Sweetcorn Tomato Pasta Served with Mixed Salad (1331627)	Margherita Pizza Served with Baked Potato Wedges & Coleslaw (1332209)	Roast Chicken Served with Roasted Potatoes, Broccoli & Gravy	Chicken Curry Served with Wholegrain Rice & Sweetcorn (1332296)	Homemade Chicken Nuggets Served with Chunky Chips and Peas (1331588)
Option 2	Veggie Meatball Tomato Pasta Served with Mixed Salad (1331624)	Cheesy Broccoli Tray Bake Served with Baked Potato Wedges & Coleslaw (1332214)	Sweet Potato & Spinach Stew Served with Roasted Potatoes & Broccoli (1332283)	Sweet Potato & Chickpea Curry Served with Wholegrain Rice & Sweetcorn	Cheesy Veggie Patty Served with Chunky Chips and Peas (1331592)
Pastas	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jackets	Jacket Potato with a choice of Toppings (932527)		Jacket Potato with a choice of Toppings (932527)	Jacket Potato with a choice of Toppings (932527)	
Dessert	Fruit Salad	Pineapple Crumble (1332245)	Apple & Blueberry Cornflake Flapjacks (1332289)	Jelly & Fruit Slices	Chocolate & Vanilla Shortbread (1226751)

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Curried Chicken & Yellow Rice Served with Broccoli	Margherita Pizza Served with Baked Potato Wedges and Coleslaw or Salad (1332209)	Roast Chicken Served with Roasted Potatoes, Carrots & Peas	Sweet & Sour Chicken Served with Steamed Rice & Green Cabbage (1332345)	Homemade Chicken Nuggets Served with Chunky Chips and Baked Beans (1144328)
Option 2	Veggie Tikka Masala & Wholegrain Rice Served with Broccoli (1226920)	Pizza al a Pesto Served with Baked Potato Wedges and Coleslaw or Salad (1226479)	Cheesy Vegetable Tray Bake Served with Roasted Potatoes, Carrots & Peas (1332315)	Sweet Potato & Courgette Curry Served with Steamed Rice & Green Cabbage (1332355)	Cheesy Veggie Patty Served with Chunky Chips and Baked Beans (1226735)
Pastas	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jackets	Jacket Potato with a choice of Toppings (932527)		Jacket Potato with a choice of Toppings (932527)	Jacket Potato with a choice of Toppings (932527)	
Dessert	Fruit Bowls	Apple & Blueberry Cornflake Flapjacks (1332289)	Apple Crumble (1332329)	Watermelon Sticks	Rainbow Shortbread (1227016)

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14 Allergen Free Menu

Autumn Winter 2026-27 Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Cheesy Macaroni Pasta Bake Served with Green Beans (1332657)	Naked Beef Smashburger Served with Wedges & Baked Beans (1222402)	Roast Chicken Served with Roasted Potatoes, Carrots & Peas	BBQ Chicken with Chickpeas Served with Wholegrain Rice & Cucumber Sticks	Homemade Chicken Nuggets Served with Chunky Chips and Sweetcorn (1331632)
Option 2	Vegetable Chilli Served with Steamed Rice & Green Beans (1227009)	Vegetable Meatballs Served with Wedges & Baked Beans (1332675)	Parsnip & Apple Hotpot Served with Roasted Potatoes, Carrots & Peas (1332777)	BBQ Beans & Vegetables Served with Wholegrain Rice & Cucumber Sticks	Cheesy Veggie Patty Served with Chunky Chips and Sweetcorn (1331635)
Pastas	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)	Penne Pasta with Nut Free Spinach & Basil Pesto (1006960)	Penne Pasta with Homemade Tomato Sauce (932533)
Jackets	Jacket Potato with a choice of Toppings (932527)		Jacket Potato with a choice of Toppings (932527)	Jacket Potato with a choice of Toppings (932527)	
Dessert	Fruit Bowls	Peach Crumble (1332757)	Chocolate Cornflakes Crispy (1226876)	Jelly & Fruit Slices	Carrot & Cinnamon Cookies (1226565)

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