

Reception Food Technology - Year Overview

	Term	Development Matters Links:
Autumn 1	The Journey Begins Food Activities: Rainbow Fruit Skewers Traffic Light Toast	PD: Using tools safely (cutting, spreading) CL: Talking about colours, tastes and choices PSED: Confidence in trying new foods
Autumn 2	Let's Party! Food Activities: Party Pizza Faces Celebration Biscuit Decorating	PSED: Sharing, turn-taking and celebrating together EAD: Creating and decorating food PD: Developing hand strength and control
Spring 1	Earth, Sky and Space (Burns Night & Pancake Day) Food Activities: Haggis, Tatties and Neeps Tasting Pancakes	UTW: Learning about traditions and special days CL: Describing taste, smell and texture PSED: Willingness to try unfamiliar foods
Spring 2	What Lurks Beneath Food Activities: Under-the-Sea Jelly Cups Afternoon Tea, sandwich & scones with Jam and cream	UTW: Where food comes from CL: Describing changes and textures PD: Using utensils with care
Summer 1	All Creatures Great & Small Food Activities: Animal Face Sandwiches Minibeast Snacks	UTW: Learning about animals and minibeasts EAD: Creating animal designs PD: Fine motor control through assembling food
Summer 2	Community Explorers Food Activities: Sausage Rolls (cutting sausages and rolling pastry) Healthy Helper Wraps	GLD - Early Learning Goals PD: Children use tools and materials safely and with control. PSED (Managing Self): Children manage personal hygiene and make healthy choices. Communication & Language (Speaking): Children explain what they are doing and talk about their choices. Understanding the World (People, Culture and Communities): Children understand the roles of people who help us in the community.
	End of Reception Impact (GLD) By the end of Reception, children can: Prepare simple foods independently Talk about food, traditions and celebrations Use tools safely Understand how food links to everyday life and the community	There may be times when we sneak in another tasty treat or change one!