

PE Vocabulary Progression Year 1 – Year 6

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Dance	smart, performance, express, teamwork, Neat, phrase, beat of 8.	smart, performance, express, teamwork, Neat, phrase, beat of 8.	routine, co-ordination, fluency, music, unison, performance, beat of 8.	routine, co-ordination, fluency, music, unison, performance, beat of 8.	Routine, movement, fluency, music, unison, choreography, beat of 8.	Routine, movement, fluency, music, unison, choreography, beat of 8.

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Netball	Teamwork, roll, pass, balance, aim, catch, space, throws, control	Teamwork, roll, pass, balance, aim, catch, space, throws, control	Accuracy, bounce, pass, shoot, control, teamwork, speed, chest pass, possession		Aim, technique, shoot, control, teamwork, speed, chest pass, bounce, pass.	Aim, technique, shoot, control, teamwork, speed, chest pass, bounce, pass.

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Football	Goals, teamwork, shooting, scoring, passing, control, dribbling	Goals, teamwork, shooting, scoring, passing, control, dribbling	Attacking, defending, throwing, dribbling ,control, tackle ,passing, scoring,	Attacking, defending, throwing, dribbling ,control, tackle ,passing, scoring,	Attacking, defending, speed, dribble, throw in, tackle, turning direction.	
Basketball			Possession, dribbling, passing, score, chest pass, shoot, space	Possession, dribbling, passing, score, chest pass, shoot, space	chest pass, possession, passing, dribbling, shoot, score, space	chest pass, possession, passing, dribbling, shoot, score, space

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Hockey		Dribbling, goal, roll, scoring, teamwork, passing, push pass, shooting	Dribbling, turn, direction, control, teamwork, slap pass, push pass, possession	Dribbling, turn, direction, control, teamwork, slap pass, push pass, possession	Dribbling, turn, shoot, control, teamwork, speed, push pass, possession	Dribbling, turn, shoot, control, teamwork, speed, push pass, possession
	Year 1	Year 2	Year	Year 4	Year 5	Year 6
Rounders	Teamwork, score, back stop, fielding, throw, score, catch, technique, balance	Teamwork, score, back stop, fielding, throw, score, catch, technique, balance	Communication, score, long barrier, power, fielding, score, space, technique, accuracy	Communication, score, long barrier, power, fielding, score, space, technique, accuracy	Aiming, score, batting, power, fielding, space, technique, accuracy	Aiming, score, batting, power, fielding, space, technique, accuracy

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Tennis	ball control, underarm, accuracy, control, partner, balance, throw, low, high		Direction, power, accuracy, control, partner, bounce, space, movement	Direction, power, accuracy, control, partner, bounce, space, movement	Rally, power, accuracy, control, swing, strategy, aim, cooperative	Rally, power, accuracy, control, swing, strategy, aim, cooperative
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Tag Rugby		Catch, belts, attack, defend, space, target, try		Pass, tag, attack, defend, mark, dummy, share		Pass, tag, attack, defend, mark, dummy, share

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	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Handball	Teamwork, passing, goals, scoring, catch, dribble, shoot, bounce	Teamwork, passing, goals, scoring, catch, dribble, shoot, bounce				
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Dodgeball	Speed, reaction time, catch, dodge, teamwork, control, pass, aim, react	Speed, reaction time, catch, dodge, teamwork, control, pass, aim, react	Speed, positioning, Catch, dodge, underarm throw, target, strike, side shot	Speed, positioning, catch, dodge, underarm, throw, target, strike, side shot	Speed, positioning, catch, dodge, target, bounce, strike, roll	Speed, positioning, catch, dodge, target, bounce, strike, roll

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Fitness	Coordination, posture technique self-belief, stretch, stamina, balance, space, agility	Coordination, posture, technique, self-belief, stretch, stamina balance, space, agility	Strength, develop, aerobic self-belief, determined, endurance, healthy	Strength, develop, aerobic, self-belief, determined, endurance, healthy	Stamina, performance, ability, wellbeing, Determined, endurance, core strength	Stamina, performance, ability, wellbeing, Determined, endurance, core strength

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Cricket	Fielding, wickets, runs, catching, underarm, bowling, batting, keeper, communication	Fielding, wickets, runs, catching, underarm, bowling, batting, keeper, communication	Fielding, wickets, runs, overarm, underarm, bowling batting, accuracy, teamwork	Fielding, wickets, runs, overarm, underarm, bowling batting, accuracy, teamwork	Wicket keeper, wickets, runs, overarm, underarm, bowling, batting, striking, teamwork	Wicket keeper, wickets, runs, overarm, underarm, bowling, batting, striking, teamwork

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Athletics	Speed, races, personal best, distance, competition, measuring	Speed, races, personal best, distance, competition, measuring	Athlete, timing, coordination, technique, movement, measurements	Athlete, timing, coordination, technique, movement, measurements	Pace, timing, coordination, Technique, movement, measurements.	Pace, timing, coordination, Technique, movement, measurements.

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Gymnastics	Neat, straight, tense, performance, roll, teamwork, balance, express	Neat, straight, tense, performance, roll, teamwork, balance, express	Balances, jumps, sequence, routine, rolls, teamwork, coordination, apparatus	Balances, jumps, sequence, routine, rolls, teamwork, coordination, apparatus	Pace, jumping, timing, movement, technique, coordination	Pace, jumping, timing, movement, technique, coordination

