

## Nursery Food Technology - Year Overview

	Term	Development Matters Links:
Autumn 1	<p>This is where it begins</p> <p>Food Activities: Fruit Exploration Plates (cutting soft fruits with support) Toast Faces</p>	<p>PD: Use one-handed tools. Begin to self-feed. C&amp;L: Name familiar foods. Use simple describing words. PSED: Make simple choices. Try new foods. UTW: Talk about likes and dislikes. Notice differences.</p>
Autumn 2	<p>People Who Help Us &amp; Christmas</p> <p>Food Activities: Fire Engine Crackers Christmas Cookie Decorating</p>	<p>PSED: Take turns. Share resources. Follow simple rules. UTW: Talk about people who help us. Learn about Christmas. EAD: Explore colour and texture. Decorate with purpose. C&amp;L: Learn new topic words. Use them in play.</p>
Spring 1	<p>Traditional Tales</p> <p>Food Activities: Goldilocks' Porridge Gingerbread Person Decorating</p>	<p>C&amp;L: Retell parts of stories. Use simple describing words. PD: Stir. Pour. Spread. UTW: Notice changes when mixing and heating. PSED: Share opinions. Make choices.</p>
Spring 2	<p>Traditional Tales Continued</p> <p>Food Activities: Jack and the Beanstalk Bean Dip Three Little Pigs Fruit Houses</p>	<p>C&amp;L: Talk about characters and story events. Use describing words. PD: Mash. Chop. Spread. UTW: Learn where food comes from. Talk about plants. PSED: Take turns. Work with friends. Maths: Count ingredients. Compare sizes. EAD: Create shapes from food. Explore textures.</p>
Summer 1	<p>The Hungry Caterpillar</p> <p>Food Activities: Fruit Kebabs Healthy Snack Sorting</p>	<p>UTW: Talk about life cycles. Recognise healthy foods. Maths: Count objects. Sort by colour or type. PD: Thread with support. Develop coordination. C&amp;L: Talk about the story. Use key words.</p>
Summer 2	<p>Elmer the Elephant</p> <p>Food Activities: Patchwork Toast Fruit Salad Mixing</p>	<p>PSED: Notice differences. Build confidence. EAD: Explore colour. Create simple patterns. PD: Mix. Scoop. Spread. C&amp;L: Describe colours and textures.</p>
	<p>By the end of Nursery, children can: Prepare simple foods with support. Use basic tools safely. Talk about what they are doing. Try new foods. Understand that food links to stories and celebrations.</p>	
	<p>There may be times when we sneak in another tasty treat or change one!</p>	