



Excellence through
Opportunity

Woodside Academy - Intent, Implementation and Impact Statement

PSHE

Intent

Our PSHE curriculum is designed to equip all pupils with the essential knowledge, skills and attributes to stay safe, be healthy and succeed in modern Britain. In line with the PSHE Association Programme of Study, it provides a structured and progressive framework across Key Stages 1 and 2, ensuring full coverage of statutory Relationships and Health Education.

The curriculum is coherently sequenced around the three core themes of Health and Wellbeing, Relationships, and Living in the Wider World, enabling pupils to build on prior knowledge and develop increasing independence in applying their learning to real-life contexts.

We intend that pupils will:

- understand how to maintain positive physical and mental health, recognising risk and knowing how to seek support
- develop the skills to form safe, respectful and healthy relationships, both online and offline
- become responsible, active citizens, with an understanding of diversity, equality and economic wellbeing

Our curriculum reflects the needs of our pupils and community, promoting inclusivity, safeguarding and equality of opportunity. It prioritises the development of resilience, confidence and critical thinking, enabling pupils to make informed decisions and manage challenges effectively.

Ultimately, we aim for all pupils to leave primary school prepared for the next stage of education, with the knowledge and personal skills required to contribute positively to society and manage their lives safely and successfully.

Implementation

Our PSHE curriculum is implemented through a structured, whole-school approach in line with the PSHE Association Programme of Study, ensuring consistency, progression and full coverage of statutory Relationships and Health Education.

Learning is organised into the three core themes—Health and Wellbeing, Relationships, and Living in the Wider World—and delivered through a carefully sequenced, spiral curriculum from Key Stage 1 to



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Key Stage 2. This enables pupils to revisit key concepts, deepen understanding and apply learning in increasingly complex contexts.

PSHE is taught through:

- regular, discrete lessons, ensuring dedicated curriculum time and clear progression
- adapted teaching approaches, including discussion, scenario-based learning and reflection, to support all learners, including those with SEND
- high-quality resources and planning, which ensure accurate, age-appropriate and inclusive content
- cross-curricular links and enrichment opportunities, reinforcing learning in real-life contexts

Teachers establish safe and supportive classroom environments, underpinned by clear ground rules, enabling pupils to discuss sensitive issues with confidence and respect. Staff use effective questioning and formative assessment strategies to check understanding, address misconceptions and adapt teaching accordingly.

The curriculum is responsive to:

- the needs of pupils and the school community
- safeguarding priorities, including online safety and emotional wellbeing
- relevant local and national issues

Assessment in PSHE is ongoing and formative, focusing on pupils' ability to recall knowledge, articulate understanding and apply skills in different contexts. This informs future planning and ensures progression across year groups.

Through this approach, pupils are supported to develop the knowledge, skills and attitudes outlined in the curriculum intent, ensuring they are well-prepared for the next stage of education and life.



Impact

The impact of our PSHE curriculum is evident in the knowledge, skills, attitudes and behaviours pupils develop across Key Stages 1 and 2. Pupils demonstrate:

- *Increased knowledge and understanding* of physical and mental health, relationships, and citizenship, underpinned by age-appropriate concepts from the PSHE Association Programme of Study.
- *Confident application of skills* to make safe, informed decisions, manage risk, resolve conflict, and communicate effectively in a variety of contexts.
- *Positive attitudes and values*, including respect for diversity, empathy, responsibility, and resilience, contributing to a safe, inclusive and supportive school environment.
- *Improved wellbeing and self-regulation*, reflected in pupils' ability to seek help, access support and demonstrate emotional literacy.

Impact is measured through a combination of formative assessment, pupil voice, reflective activities, and staff observation, ensuring progression in knowledge, skills and attitudes over time.

Ultimately, our PSHE curriculum equips pupils with the confidence, understanding and resilience to navigate challenges, contribute positively to their communities, and transition successfully to secondary education and beyond. It ensures that pupils are prepared not only academically but socially, emotionally, and morally, reflecting the school's commitment to the holistic development of every child.