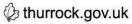


Thameside Family Hub



(In the grounds of) Thameside School Manor Road, Grays, RM 17 6EF

Email: Thamesidefh@thurrock.gov.uk Phone: 01375 652 280



What's on in December 2025

Start for Life

0-12 months

Day	Start	End	Activity	How to join in
	11.00am	12.00pm	Start for Life -Baby Sensory Play 1st, 8th and 15th December	All welcome
Monday	1.30pm	3.00pm	Start for Life - Baby Massage	Book in advance
Tuesday	1.30pm	2.30pm	Start for Life -Let's Talk to your Baby	Book in advance
	9.30am	10.30am	Start for Life -Sensory Play 3 rd , 10 th and 17 th December	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 3 rd , 10 th and 31 st December Aladdins Cave on 3 rd December – Returns only	All welcome
	11.00am	12.00pm	Start for Life - Stay and Play 3 rd , 10 th and 17 th December	All welcome
	1.30pm	2.15pm	Stories and Rhymes 3 rd and 17 th December	All welcome
Thursday	10.00am	11.00am	Time For You and Baby Too (Pre-birth up to 2 years old) 4th, 11 th and 18 th December	All welcome
	11.00am	12.00pm	Peep Session 4 th December	All welcome
	1.30pm	2.45pm	Baby Weighing Clinic 4th, 11th and 18th December	Drop in
	1.30pm	2.45pm	Start for Life - Stay and Weigh 11th and 18th December	All welcome
Friday	1.30pm	2.30pm	Start for Life - Baby Rhyme Time 5th and 19th December	All welcome

12-24 months

Monday	9.30am	10.30am	Start for Life – Stay and Play 1st, 8th and 15th December	All welcome
	10.30am	11.30am	Dental Session 8th December	Book in advance
	1.30pm	2.30pm	Fun with 1 st - Colour 8 th - Transport	All welcome
Tuesday	9.30am	10.30am	Start for Life – Stay and Play 9th and 16th December	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 3 rd , 10 th and 31 st December Aladdins Cave on 3 rd December – Returns only	All welcome
	1.30pm	2.30pm	Fussy Eating Session 10th December	Book in advance
	2.30pm	3.15pm	Stories and Rhymes 3 rd and 17 th December	All welcome
Thursday	10.00am	11.00am	Time For You and Baby Too (Pre-birth up to 2 years old) 4 th , 11 th and 18 th December	All welcome
	11.00am	12.00pm	Peep Session 4th December	All welcome
	1.30pm	2.45pm	Baby Weighing Clinic 4th, 11th and 18th December	Drop in
Friday	9.30am	10.30am	Garden Group 5th, 12th and 19th December	All welcome
	11.00am	12.00pm	Messy Play 5 th , 12 th and 19 th December	All welcome

Services and activities for parents and children aged 2-19 years. 24 to 60 months

Monday	10.30am	11.30am	Dental Session 8th December	Book in advance
Tuesday	11.00am	12.00pm	Bring a Story to Life 9th and 16th December	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 3 rd , 10 th and 31 st December Aladdins Cave on 3 rd December – returns only	All welcome
	1.30pm	2.30pm	Fussy Eating Session 10th December	Book in advance
	2.30pm	3.15pm	Stories and Rhymes 3 rd and 17 th December	All welcome
Thursday	9.30am	10.30am	Chatterbox	Referral only
	11.00am	12.00pm	Peep Session 4th December	All welcome
	1.30pm	2.45pm	Baby Weighing Clinic 4th, 11th and 18th December	Drop in
	3.15pm	4.15pm	Stay & Play – After School 4th, 11th and 18th December	All welcome
Friday	9:00am	1:00pm	Speech and Language Drop In 5th December	Referral only

9:00am	2:00pm	Early Interaction Advice Sessions	Referral only
9.30am		Garden Group 5th, 12th and 19th December	All welcome
11.00am	12.00pm	Messy Play 5 th , 12 th and 19 th December	All welcome

5-19 years

Wednesday	4.00pm	5.30pm	Young Carers	Referral only
Thursday	3.15pm	4.15pm	Stay & Play – After School 4th, 11th and 18th December	All welcome
	4.00pm	5.00pm	Help me to Stay Safe Programme (6 to 16 years)	Referral only

General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	Book in advance 01375 652652 Option 4
	9.00am	4.00pm	Midwife	Book in advance
	10.00am	11.30am	Christmas Family Fun 0 to 11 years 22 nd December	Book in advance
Tuesday	10.00am	11.30am	Parental Outreach Advice Session 30th December	Book in advance
	10.30am	12.00pm	Christmas Keepsake Session 0 to 60 months 30 minute sessions 9th December	Book in advance
	1.00pm	3.00pm	Midwife Smoking Cessation	Referral only
	5.00pm	7.30pm	Mums First Aid Workshop 2nd December	Book in advance
	9.00am	4.00pm	Midwife	Book in advance
Wednesday	10.30am	12.30pm	Thurrock Virtual School Drop In 3 rd December	Drop In
Thursday	9.00am	4.00pm	Midwife	Book in advance
Friday	9:00am	1:00pm	Speech and Language Drop In 5 th December	Referral only
	10:00am	12:30pm	Job Club – Supported Families Employment Adviser	Book in advance 07776245301

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details -

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres

Are your registered with the Family Hub? If not, you can do this online

Visit:www.thurrock.gov.uk/family-hubs