



(In the grounds of) Belmont Castle Academy, Parker Road, Grays, RM 17 5YN

Email: [Stiffordfh@thurrock.gov.uk](mailto:Stiffordfh@thurrock.gov.uk) Phone: 01375 652 653

 [thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in December 2025

### Start for Life

#### 0 to 12 months

Day	Start	End	Activity	How to join in
Monday	9.30am	11.00am	Start for Life – Baby Massage	<b>Book in advance</b>
	2.00pm	3.00pm	Start for Life - Merry and Bright Playtime <b>8<sup>th</sup> December</b>	All welcome
	2.00pm	3.00pm	Start for Life - Twinkle Time <b>15<sup>th</sup> December</b>	All welcome
Tuesday	9.30am	12.30pm	Infant Feeding Clinic	<b>Book in advance 0300 300 1999</b>
	9.30am	10.30am	Start for Life - Glitter and Giggles <b>16<sup>th</sup> December</b>	All welcome
	11.00am	12.00pm	Start for Life – Sensory Play <b>30<sup>th</sup> December</b>	All welcome
	2.00pm	3.00pm	Start for Life - Baby Rhyme Time <b>2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 30<sup>th</sup> December</b>	All welcome
Wednesday	1.30pm	2.15pm	Stories and Rhymes <b>10<sup>th</sup> December</b>	All welcome
Thursday	9.30am	10.30am	Start for Life - Baby Explore <b>11<sup>th</sup> Tinsel Treasures 18<sup>th</sup> Shimmer and Shine</b>	All welcome
	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. <b>11<sup>th</sup> December</b>	All welcome
Friday	10.00am	11.30am	Baby Weighing Clinic <b>5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> December</b>	All welcome
	11.00am	12.00pm	Start for Life - Baby Rhyme Time <b>12<sup>th</sup> and 19<sup>th</sup> December</b>	All welcome
	12.30pm	2.30pm	Infant Feeding Clinic <b>5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> December</b>	<b>Book in advance 0300 300 1999</b>

## 12 to 24 months

Monday	11:00am	12:00pm	Let's talk with your Toddler-	<b>Book in Advance</b>
Tuesday	9.30am	10.30am	Start for Life - Stay and play <b>2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> December</b>	All welcome
	11.00am	12.00pm	Sensory Play <b>2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> December</b>	All welcome
	1:30pm	2:30pm	<b>Fun With...</b> 2 <sup>nd</sup> Shimmer and Shine 9 <sup>th</sup> Tinsel Treasures 16 <sup>th</sup> Jingle Bell fun	All Welcome
Wednesday	2.30pm	3.15pm	Stories and Rhymes <b>10<sup>th</sup> December</b>	All welcome
Thursday	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. <b>11<sup>th</sup> December</b>	All welcome
Friday	9.30am	10.30am	Fun with.... <b>12<sup>th</sup> Snow much Fun</b> <b>19<sup>th</sup> Jingle Bells</b>	All Welcome
	10.00am	11.30am	Baby Weighing Clinic <b>5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> December</b>	All welcome
	1.45pm	2.45pm	Messy Play <b>12<sup>th</sup> and 19<sup>th</sup> December</b>	All welcome

Services and activities for parents and children aged 2-19 years.

## 24 to 60 months

Monday	2.00pm	3.00pm	Stay & Play <b>1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> December</b>	All welcome
Tuesday	11.00am	12.00pm	Sensory Play <b>2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> December</b>	All welcome
	1.30pm`	2.30pm	<b>Fun With..</b> 2 <sup>nd</sup> Shimmer and Shine 9 <sup>th</sup> Tinsel Treasures 16 <sup>th</sup> Jingle bell fun	All welcome
Wednesday	9.30am	10.30am	<b>Fun with ....</b> 3 <sup>rd</sup> Shimmer and Shine 10 <sup>th</sup> Tinsel Treasures 17 <sup>th</sup> Jingle bell fun	All welcome

	11.00am	12.00pm	Bring a Story to Life - <b>3<sup>rd</sup></b> Peace at Last <b>10<sup>th</sup></b> Little Red Riding Hood <b>17<sup>th</sup></b> Jack and the beanstalk	All welcome
	1.45pm	2.45pm	Stay & Play <b>3<sup>rd</sup></b> and <b>17<sup>th</sup></b> <b>December</b>	All welcome
	2.30pm	3.15pm	Stories and Rhymes <b>10<sup>th</sup></b> <b>December</b>	All welcome
Thursday	3.15pm	4.15pm	Stay & Play – After School <b>11<sup>th</sup></b> and <b>18<sup>th</sup></b> <b>December</b>	All welcome
Friday	9.30am	10.30am	Fun with.... <b>12<sup>th</sup></b> Snow much fun <b>19<sup>th</sup></b> Jingle Bells	All welcome
	10.00am	11.30am	Baby Weighing clinic <b>5<sup>th</sup>,12<sup>th</sup></b> and <b>19<sup>th</sup></b> <b>December</b>	All welcome
	1.45pm	2.45pm	Messy Play <b>5<sup>th</sup>,12<sup>th</sup></b> and <b>19<sup>th</sup></b> <b>December</b>	All welcome

### General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	<b>01375 652 652</b> <b>Option 4</b>
	9.00am	2.30pm	Joint OT/Physio Baby Clinic <b>1<sup>st</sup></b> <b>December</b>	<b>Referral only</b>
Tuesday	10.30am	12.00pm	Christmas Keepsake Session 0 to 60 months 30 minute sessions <b>9<sup>th</sup></b> <b>December</b>	<b>Book in advance</b>
	10.00am	11.30am	Christmas Family Fun 0 to 11 years <b>23<sup>rd</sup></b> <b>December</b>	<b>Book in advance</b>
Wednesday	9.00am	4.00pm	Forward Trust - Addiction Service <b>3<sup>rd</sup>, 10<sup>th</sup></b> and <b>17<sup>th</sup></b> <b>December</b>	<b>Drop in</b> <b>Lorraine. G</b> <b>07977 792 236</b>
Thursday	9:30am	12:30pm	Strengthening Families/Communities	<b>Referral Only</b>
	10.00am	12.30pm	Job club – Supported Families Employment Advisor	<b>Book in advance</b> <b>07776 345 301</b>
	12.00am	3:00pm	Pass-Family Drop in session <b>18<sup>th</sup></b> <b>December</b>	<b>All Welcome</b>
Friday	1.00pm	4.30pm	Early Interactions Advice Therapy	<b>Referral Only</b>

# Brighter Futures – Family Hub Offer

Please use this link to see the Children's Centre offer and activity details –

[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

[www.facebook.com/groups/thurrockchildrenscentres](https://www.facebook.com/groups/thurrockchildrenscentres)

**Are your registered with the Family Hub? If not, you can do this online. Visit:  
[www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)**